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April 29, 2011

## **Personal Safety Planning**

Many of you have asked what you can do to participate in emergency preparedness at NRCC. There are many ways you can help. One of the most effective things you can do, though, is develop a personal safety plan. Begin by thinking through just what you would do in various situations. For example, what would you do if you saw someone being threatened with violence? Would you personally intervene? Would you notify someone? Who? Would you whip out your cell phone and dial 911?

Any action you take in an emergency can have both positive and negative consequences, so it is important that you consider what risks you are willing to take before you find yourself in any given situation.

Personal safety plans are for students, too! You can help the college's emergency preparedness efforts not only by developing your own personal safety plan, but by encouraging your students to do the same. Perhaps there is even a way to connect students' plans to course work. Can they write about it? Can they incorporate workplace safety into a business plan?

The key to a executing your personal safety plan is simple: be aware of your surroundings. Note where and under what circumstances you feel safe (or feel vulnerable)...and plan accordingly.

For additional guidance on developing personal safety plans, try the sites below...and if you find something else worth sharing, email it to <a href="mailto:nrready@nr.edu">nrready@nr.edu</a>.

http://edu.udym.com/developing-a-personal-safety-plan/ http://uhs.berkeley.edu/facstaff/pdf/healthmatters/Safety.pdf http://www.lehman.cuny.edu/lehman/public-safety/personal-safety.php

#### **COOP Update**

Each year, NRCC (like all state agencies) is required to update its Continuity of Operations Plan (COOP) by April 1. This year's update is complete and has been uploaded to the secure website. To review the plan, login to My NRCC Accounts and click Administrative Plans.

### Who You Gonna Call?

Who can you call when you have concerns about emergency preparedness or campus safety? Obviously, you can call or email the President's Office – specifically, Amy Hall, who is responsible for the college's emergency preparedness efforts. But there are other people involved in emergency prep work at NRCC. There is an Emergency Prep Leadership Team, a Threat

Assessment Team (TAT), a Continuity of Operations (COOP) team, an advisory committee, and site teams for each building. These groups are listed below.

Please contact any of these people to share your concerns, especially the TAT and the Leadership Team. Your input is valued and helps us make NRCC a safer place.

## **Emergency Prep Leadership Team**

Amy Hall, Chair Pat Huber Tony Nicolo Mark Rowh John Van Hemert

#### **Threat Assessment Team**

Margaret Bryner
Ron Chaffin
Angie Covey
Amy Hall, Convener
Pat Huber
Jack Lewis
Tony Nicolo
Kathy Ridpath
Mark Rowh
Don Stowers
Fritz Streff
John Van Hemert

## **Emergency Prep Advisory Committee**

Tommy Baker
Pablo Chalmeta
Dennis DuBuc
Bill Friedl
Amy Hall, Convener
Carol Hurst
Dan Lookadoo
Alisa Mercer
SGA President
Fritz Streff
Peggy Taylor
Angela Winn

#### **Site Teams**

Edwards – Mark Rowh, Dan Lookadoo, Patty Ryan, Lynn Taylor Godbey – Peggy Dalton, Fritz Streff, Carol Hurst, Lois Quesenberry Martin – Ben Kramer, Sandy Smith, Jonathon Surratt Rooker – Margaret Bryner, Glenda Salerno, Peggy Taylor, Nancy Waddle Mall Site – Carrie Hopkins, Linda Claussen (or Administrator for the Day)